

**Arrival:** Friday between 4pm and 6pm. Dinner @ 6pm. Departure: after breakfast, Sunday. Cost \$225.00 payable with registration. Includes presentations, double room, private facilities and five full meals. Please note there are a limited number of individual rooms.

Directions to Mt. Alvernia Retreat House, 158 Delavergne Ave., Wappingers Falls, NY 12590

## From Westchester:

Take either the Taconic Parkway or Route 684 to Route 84 West. Take 84 West to Exit 46 (Route 9 North/Poughkeepsie) Take route 9 North for about 8 miles, you will see Home Depot on right, continue a few traffic lights, pass route 9 Mball (Kohl's department Store & Borders Book Shop), now move into LEFT lane at next traffic light turn left onto Route 9D (also called West Main St.) follow 9D passing the first light (South Hills Mall) at next light make right turn onto Delavergne Ave. go up hill Mt Alvernia is on your left.

## From New Jersey:

Take either Route 17; Garden State Parkway or Palisades Parkway North to I 87 New York State Thruway. Follow I 87 North to I 84 East (Exit 17) follow I 84 to exit 46 Route. Take route 9 North for about 8 miles, you will Home Depot on right, continue a few traffic lights, pass route 9 Mall (Kohl's department Store & Borders Book Shop), now move into LEFT lane at next traffic light turn left onto Route 9D (also called West Main St.) follow 9D passing the first light (South Hills Mall) at next light make right turn onto Delavergne Ave. go up hill Mt Alvernia is on your left.

## From New York City:

Go over George Washington Bridge and follow directions above from New Jersey.

Retreatants should arrive between 4PM & 6PM, Dinner is between 6 and 7PM.

Registration Form	Please check one	Profes	ssed _	Candidate	_Inquirer
Name:					
Address:					
			State:	Zip	
Phone:		E mail			
Fraternity:			_Single room:	Double room	
Special Needs:		Room with:			

Send completed registration with \$225.00 check, payable to "Our Lady of the Angels Regional Fraternity" to: Richard Spana OFS, 100 E. Hartsdale Avenue, Apt 2KW, Hartsdale, NY 10530